

Kit Contents		
Description	**Part No**	**Pcs**
Shock absorber	KA 1400	1
Mounting spacers	01218-39	2
Sticker Memo notes	01180-01	1
Sticker set Öhlins		1
Owner´s manual	07242-08	1

Note!

Please note that there can be small differences between your product and the images in these instructions.

Note!

Please note that during storage and transport, especially at high ambient temperature, some of the oil and grease used for assembly may leak and stain the packaging. This will not cause damage to the product, wipe off the excessive oil or grease with a cloth.

Note!

Before you install this product, check the kit contents. If anything is missing, please contact an Öhlins dealer.

⚠ Warning!

Before you install this product, read the Öhlins Owner's manual. This product is an important part of the vehicle and the vehicle stability.

Shock absorber for

KAWASAKI ZX4RR (ZX4R)

Mounting Instructions

KA 1400 0

ÖHLINS

MOUNTING INSTRUCTIONS

⚠ Warning!

We strongly recommend to let an Öhlins dealer install this product.

⚠ Warning!

If you work with a lifted vehicle, make sure that it is safely supported to prevent it from tipping over.

👁 Note!

When you work with this product, see the vehicle service manual for vehicle specific procedures and important data.

👁 Note!

Before you install this product clean the vehicle.

1

Put the motorcycle on a work stand so that the rear wheel barely touches the ground.

2

Remove the original shock absorber.

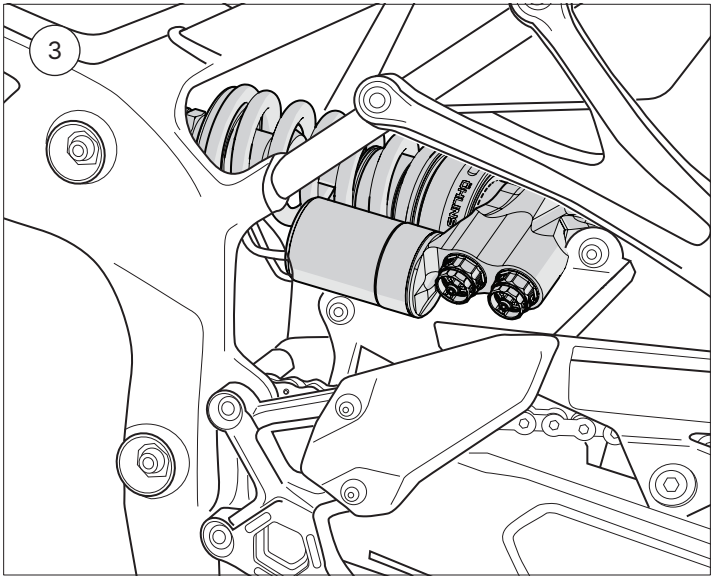
3

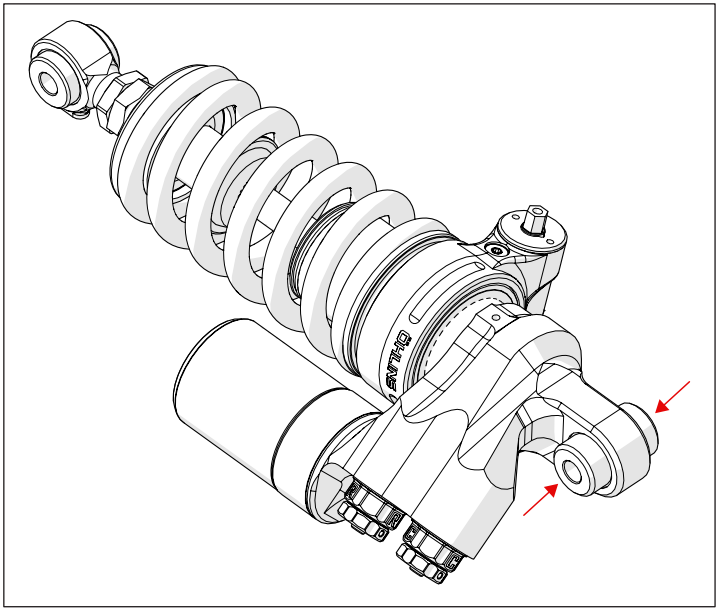
Install the Öhlins shock absorber with the reservoir / cylinder head pointing rearward.

👁 Note!

For ZX4R the mounting spacers in the cylinder head need to be tapped out with a hammer and punch and the supplied spacers mounted instead.

MOUNTING INSTRUCTIONS

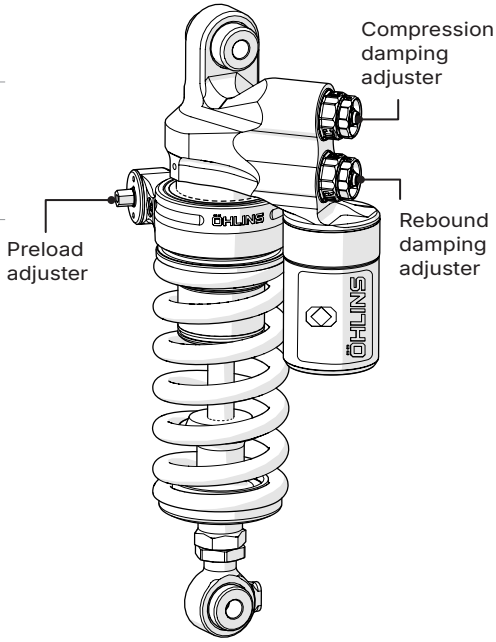




ADJUSTMENTS

⚠ Warning!

Before you ride/drive, always make sure that the setup is according to the recommended setup data. Read about adjustments and setting up in the Öhlins Owner's Manual before you make any adjustments. Contact an Öhlins dealer if you have any questions about setting up.



SETUP DATA

Length	309 +2/-4	mm
Stroke	50	mm
Rebound	17	clicks
Compression	15	clicks
Spring preload	19	mm

Recommended spring

21041-29 (90 N/mm)
Spring free length 150 mm.

Recommended Free sag and Ride height

R1-R2	10	mm
R1-R3	26	mm
F1-F2	33	mm
F1-F3	43	mm

Öhlins products are subject to continuous improvement and development, therefore, although these instructions include the most up-to-date information available at the time of printing, minor updates may occur.

To find the latest information contact an Öhlins distributor. Please contact Öhlins if you have any questions regarding the contents in this document.

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